

X1



The compact and fully programmable X 1 is distinguished by its functionality and intuitive technology. The contemporary frame design coupled with the adjustability of a padded gel saddle and handlebars guarantee comfort. The quality German craftsmanship ensures dependable and continuous performance. An adaptable training computer with an easy to read LCD display with a Heart Rate Control program and over 70 resistance levels highlight the X 1's features and benefits.



- KETTLER® training computer with recovery feature include programs ranging from goal settings to pre set programs including Heart Rate Control
- SIEMENS® electronic LCD high resolution easy read display
- KETTLER® USB interface allows downloads of interactive software and exchangeable pre-set programs from www.kettlerusa.com
- Automatic setting of Pulse Rate Range for fat combustion and fitness zone as well as percentage display of upper pulse limits

- KETTLER® Induktions Brake System™ - adaptable manual or programmable 25-400 watt electro-magnetic resistance range allows for variable users and 75 levels of training with no friction nor wear to brake components
- Wireless Polar® T34 heart rate transmitter included
- The KETTLER® eSYS™ System allows for perfect ergonomic, biomechanical and electronic adjustments for the novice to expert
- Adjustable multi-position padded handle bars
- Quick Adjust™ vertical & horizontal gel saddle and seat post
- Sturdy powder coated frame with low step through, transport castors, toe strap pedals and levelers

